



# Welcome to carnegie hygiene centre

Carnegie Hygiene Centre is a new and convenient way to see a dental hygienist in relaxed surroundings in Leeds and Bradford. All of our hygienists and therapists are specially trained in the prevention and treatment of all aspects of gum disease and aim to make your visit as pleasant and stress free as possible.

Dental hygienists and therapists are now able to provide their patients with dental hygiene services without the patient first having to see a dentist.

This means that if you do not have a dentist, or if you have a dentist but simply wish to see one of our hygienists, you can book either a one off special occasion treatment or choose to come regularly to maintain your gum health at the Carnegie Hygiene Centre.



**£200 off** tooth whitening if you join a Carnegie hygiene plan

At Carnegie Hygiene Centre we pride ourselves on the high levels of patient care and the excellent dental treatments that we provide for all of our patients, especially the nervous ones!

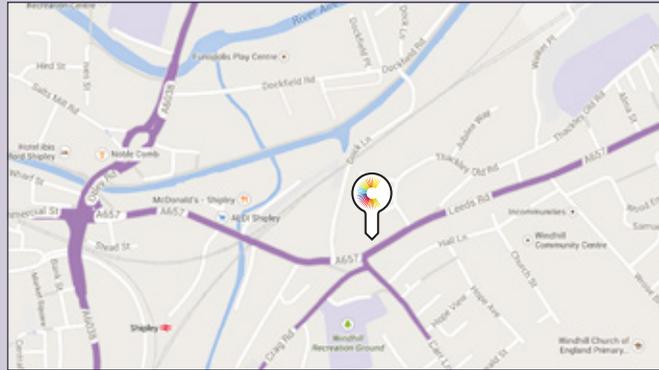
Our whole team is committed to continually updating their dental education, ensuring that we provide you with the latest dental and hygiene treatments in our friendly surroundings.



Ring carnegie hygiene centre  
today on  
**01274 590777**  
and speak to our friendly  
receptionists for more information

## Opening hours

Monday **9 to 7**  
Tuesday **10 to 7**  
Wednesday **9 to 6**  
Thursday **8 to 4**  
Friday **8 to 4**



13 Leeds Road, ShIPLEY BD18 1BP  
contact @carnegieclinic.com



Credit cards accepted.

If you cannot attend your appointment please give us 24 hours notice.

A short notice cancellation may result in a cancellation charge.

If you are a Carnegie plan patient you may need to pay for the oral health examination or hygiene appointment you missed, if you wish to rebook it.



carnegie hygiene centre



**01274 590777**

[www.carnegiehygienecentre.com](http://www.carnegiehygienecentre.com)  
[www.carnegieclinic.com](http://www.carnegieclinic.com)



# Carnegie hygiene centre Treatments

See [www.carnegiehygienecentre.com](http://www.carnegiehygienecentre.com) for prices

## Hygiene and stain removal appointment

- This appointment is recommended for your first visit with us
- Full mouth plaque and tartar removal
- Screening for oral cancer and gum disease
- Bespoke care plan for your gum health
- Personalised oral hygiene instruction and diet advice
- AIRFLOW stain removal technology.

This consists of a projection of tiny particles of sodium bicarbonate directed at high pressure towards your tooth which removes unsightly staining caused by smoking, tea, coffee etc. It is particularly effective at removing stain in between teeth that can be inaccessible to conventional brush based methods of polishing.



## Hygiene & tough stain removal appointment

- Full mouth plaque and tartar removal
- A longer dental appointment for more intensive stain removal
- AIRFLOW stain removal technology.
- High gloss diamond polish for maximum shine.
- Screening for oral cancer and gum disease
- Personalised oral hygiene instruction and diet advice



## Carnegie hygiene centre plans

For regular patients Carnegie hygiene plans offer you excellent value. Monthly payments start from just £7.35 per month and you receive additional discounts you will receive 20% off airflow stain removal. You can continue to pay for your examination and other dental treatment in your usual way.

**Hygiene 2** This plan provides you with 2 hygiene appointments per year. \*

**Hygiene 4** This plan provides you with 4 hygiene appointments per year. \*

**Hygiene 4+** This plan provides you with 4 longer hygiene appointments per year. \*

\* Airflow stain removal can be added to hygiene plans for a small additional fee.

Your dentist or hygienist will advise you which of the plans is best for you.



## Anti-wrinkle treatments

### Dermal Fillers

### Lip Fillers

### Botulinum Toxin

Facial lines from laughter, frowning, smoking or sun damage can be reduced by injecting Botulin toxin into the specific muscles that cause wrinkles. This blocks the nerve impulses that cause muscle contraction, leading to smoother and younger looking skin.

Facial fillers can be used to smooth out wrinkles and enhance your lips. Our highly experienced and fully qualified Aesthetic Practitioner offers all patients a no obligation initial assessment free of charge.

## Express Hygiene appointment

- This briefer appointment is aimed at regular attenders.
- Full mouth plaque and tartar removal
- Screening for oral cancer and gum disease
- Personalised oral hygiene instruction and diet advice
- Traditional polish

## Hygiene for brace wearers

- Exceptionally fine tipped scaler to access awkward areas
- AIRFLOW stain removal technology
- Full mouth plaque and tartar removal
- Screening for oral cancer and gum disease
- Personalised oral hygiene instruction and diet advice

## Three visit periodontal disease treatment

- Detailed 6 point pocket chart assessment of all teeth
- Free Oral B electric toothbrush and TEPE brushes
- Antibiotics provided where appropriate
- Full mouth plaque and tartar removal
- Screening for oral cancer and gum disease
- Personalised oral hygiene instruction and diet advice
- Long term maintenance plans are available to maintain gum health

## Junior hygiene appointment

- Tooth brush instruction and diet advice
- Full mouth plaque and tartar removal
- Screening for oral cancer and gum disease

## Tooth whitening

- Free assessment for whitening suitability
- Bespoke upper and lower bleaching trays included
- Only 60 to 90 minute of tray wear required per day
- 4 tubes of hydrogen peroxide provided per kit
- Before and after shade change review provided